



# The Craic Monthly

July 2017

Morven, Shallom, Connal, Riley & Beth

FREE

## Strathglass Markets needs you!

by Brad Collins

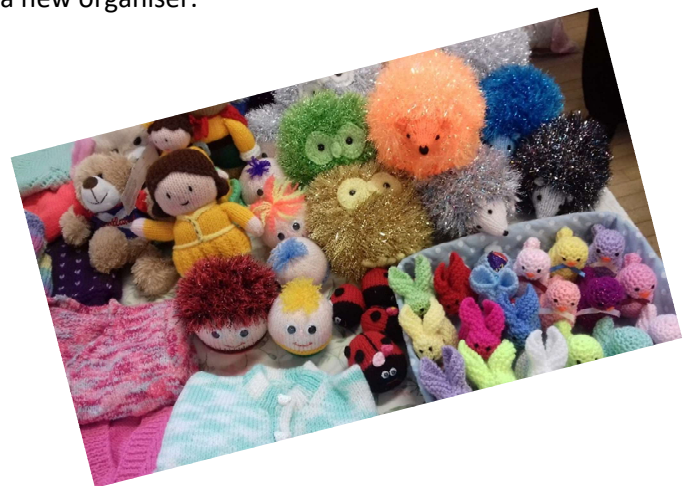
For nearly a year now Sara has been organising on her own the Strathglass Markets on behalf of the SACC and they seem to be quite popular amongst locals and visitors. Its been a great way to promote local crafts, businesses and of course for those that wanted to make a little extra cash as well.

Unfortunately, a change in personal circumstance has led to Sara needing to cut back her involvement in the organisation of the event, that means the Markets need a new organiser.

Can you help?

According to Sara it doesn't take much effort and she is more than happy to continue to assist anyone who would be kind enough to give up their time. The markets are held bi-monthly and it would be a shame to lose them now.

The whole community is benefiting from these markets so if you can spare a small amount of time every two months then please contact Sara at the shop for all the details.



## Road Safety

Our School Junior Road Safety Officers were very concerned about the amount and the speed of the traffic which has been driving through our village.

The children held a competition throughout school to design a banner to encourage drivers to slow down !!

We had two winners picked by the children and these were Kirstin & Rhona Todd. Congratulations to them for a great design.

The banners were kindly produced for us free of charge by Fraser Signs of Inverness.

# Swimming Lessons at Tomich

by Cherie Stewart

Swimming lessons have been taking place at Tomich Holidays Pool for the last 7 weeks; the children were all from Cannich Bridge Primary School P3-4. The standard of swimming ability varied so I tried to get likeability's together and after the first week a few children were moved to different classes.

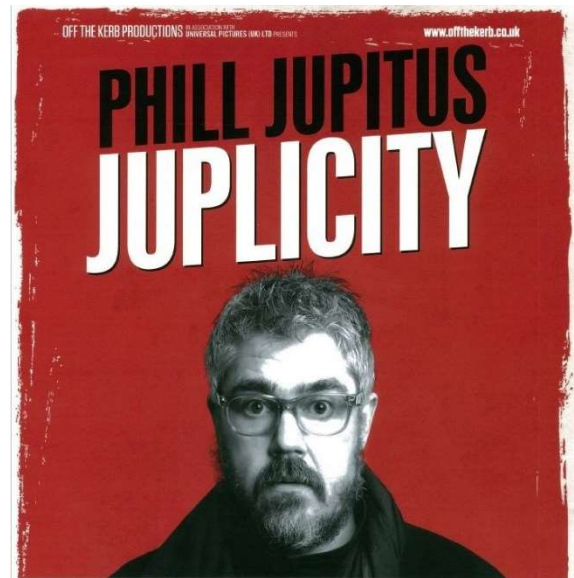
As the swimming groups were small 3-4 children per session, I felt I had more time to encourage those children that were a little unsure about being in the water and more time and to instruct the children who were very water confident – how to be more efficient in the water.

We have had great advancement with some children, floating independently front and back. Complete submergence, difficult enough as nobody likes water going up his or her nose. We have also had some Kamikaze swimmers in the deep end (belly flops) that's got to hurt.

It was nice to introduce some of the more water confident children to breaststroke, a difficult stroke to master, pushing and pulling the water at the right time, if not done correctly you end up acting like an accordion and not going anywhere.

We had some tears but mostly big happy smiley faces and I have not seen so many children dying to get in the pool ready to have some fun, it was great to see.

I would like to thank Sunni and Cannich Bridge Primary School for setting this up; Gina for liaising with Tomich Holidays ; Tomich Holidays for letting us utilise the pool and to all the parents for bringing their children to swimming on a Saturday morning.



**CRAIGMONIE CENTRE**  
DRUMNADROCHIT

**FRIDAY JULY 28<sup>th</sup> 2017**

8pm – Tickets £16

[CraigmonieCentre.co.uk](http://CraigmonieCentre.co.uk) / 01456 459224

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## CONGRATULATIONS!!

We had several local residents compete in this years Highland Cross, from all reports it was a tough but enjoyable race. Well done to all involved.



## What's on July

- 3 – SACC Board Meeting: Cannich Hall 7pm-9:30pm
- 5 – Jewellery Workshop: Cannich Hall 10:30am – 4:30pm
- 8 – Strathglass v Skye: Cannich 230pm\*
- 20 – Whist Club: Cannich Hall 630pm – 1030pm
- 22 – Strathglass v Lochaber: Cannich 230pm\*

## August

- 18 – Youth Club AGM: Cannich Hall 7pm – 9pm
- 19 – Strathglass v Beaulieu: Cannich 230pm\*

\* All Shinty fixtures/throw ups are subject to change due to weather, unforeseen circumstances etc. For further information see [www.strathglassshintyclub.co.uk](http://www.strathglassshintyclub.co.uk) or [www.facebook.com/pages/Strathglass-Shinty-Club](https://www.facebook.com/pages/Strathglass-Shinty-Club)

\*\* Youth Club is not held during the school holidays

## Regular Events:

- Black Dragon Hapkido: Cannich Hall 6:30pm – 7:30pm every Wednesday
- Junior Youth Club: Cannich Hall 6:30pm – 8:00 every Friday
- Senior Youth Club: Cannich Hall 8:00pm – 9:30pm every Friday
- GP Surgery: Cannich Hall 11:00am – 1:00pm every Thursday
- GP Surgery: Cannich Hall 9:30am – 11:30am every Tuesday

## Classifieds

**Wanted**

**Positions Vacant**

**For Sale**

**Strathglass Markets**

### Upcoming Dates

August 5<sup>th</sup>  
October 7<sup>th</sup>  
December 2<sup>nd</sup>

**10am – 2pm**

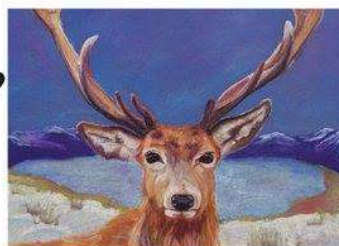
If you have an event coming up let us know at the shop or email the details to [shop@cannichstores.co.uk](mailto:shop@cannichstores.co.uk) to get your event listed in our community diary.

More and more people are reading our newsletter and it's a great way to promote your event to the community.

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Glen Affric Studio,  
Gallery and Gifts  
locally made art and crafts



The studio is located on the road to Glen Affric approximately 200m outside the village on the right.

[kpriceart1@gmail.com](mailto:kpriceart1@gmail.com)



## Herbaceous Perennials

Welcome to the gardening feature. The weather as usual has been a bit hit or miss, but hopefully all your plants are growing nicely. This month I thought I would focus on the fabulous herbaceous perennials of Geraniums which are very hardy and will not be easily put off by the fickle Scottish climate! These perennials should not be confused with the normal bedding plant varieties.

There are many hardy forms in many lovely colours, I have a purple and pink one in my own garden. They are mainly pest and disease resistant and grow in most soils, although are more intolerant to waterlogged soils. They do give a bit of ground cover and are great for adding colour to a partly shaded bit of your garden where you may find it difficult to grow other plants. If you are considering a purchase, make sure that you choose a variety to suit your particular needs, for example, do you want a spring or summer flowering variety or one which is more resistant to early frost.



Photos above show two different varieties and give an idea of available colours.

Finally can I recommend that you try growing some salad you really cannot beat it. For a long lasting leaf salad try some of the cut and come again varieties just check seed packet to ensure they do! If you want something a bit peppery try Mixed Spicy Salad Leaves. You do not need a lot of room to do this a pot on the windowsill will do.

If you would like some advice on the items in this article feel free to contact me at [birchwoodhort@gmail.com](mailto:birchwoodhort@gmail.com) or on 07841432290.

Best wishes  
Allan Purvis

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