



# The Craic Monthly

## March 2018

REOPENING MARCH 3RD

FREE

## Sharpening of skills

by Brad Collins



In October 2017 Black Dragon Scotland setup their second dojo in the Cannich Hall. This gave locals a great opportunity to join up (first lesson is FREE) and learn the skills of the martial art discipline known as Hapkido. Well just over 15 months later a group of local children proved just how good they are by going through yet another grading process on February 14<sup>th</sup> to prove their skills and move up to the next level in the skill set. Congratulations go to Struan, Jack & Sarah each of whom have left their white & yellow belts behind to earn their orange belt.

Congratulations also go to Junior Senpai Jacob who has

has moved up from green to obtain his blue belt and lastly Congratulations to Murray who has proved himself so well that he was awarded his green belt, completely skipping the orange belt level.

CONGRATULATIONS to you all, the hard work you put in each week has certainly paid off.

Of course so much skill could not be showcased in just one night, the week following on the 22<sup>nd</sup> February another group of talented youngsters passed their grading tests as well to earn their place in the Black Dragon Scotland group.

Eilidh and Toby demonstrated their skills to earn their yellow belts and Ruby, Ruairidh and William show great skills to gain their white belts and become the newest Little Dragons.

If you want to join the fun the Black Dragon Hapkido lessons are held in the Cannich Hall every Wednesday from 6pm, the first lesson is FREE and it is open to people from all age groups.



# What's on

## March

- 2 – Shepherds & Stalkers Dance : Cannich Hall
- 6 – Pilates: Cannich Hall 10am – 11am
- 7 – Whist Club: Cannich Hall 130pm – 430pm
- ~~9 – Lip Sync Battle Fundraiser: Cannich Hall 7pm – late~~
- 13 – Pilates: Cannich Hall 10am – 11am
- 14 – Craft Club: Cannich Hall 7pm – 9pm
- 20 – SACC Meeting: Cannich Hall 7pm – 9pm
- 21 – Mobile Library
- 21 – Whist Club: Cannich Hall 130pm – 430pm
- 28 – Craft Club: Cannich Hall 7pm – 9pm
- 30 – Good Friday

## April

- 1 – Easter Sunday
- 3 – Pilates: Cannich Hall 945am – 1145am
- 4 – Whist Club: Cannich Hall 130pm – 430pm
- 11 – Craft Club: Cannich Hall 7pm – 9pm
- 17 – SACC Meeting: Cannich Hall 7pm – 9pm
- 18 – Whist Club: Cannich Hall 130pm – 430pm
- 19 – Whist Club: Cannich Hall 630pm – 1030pm

If you have an event coming up let us know at the shop or email the details to [shop@cannichstores.co.uk](mailto:shop@cannichstores.co.uk) to get your event listed in our community diary.

More and more people are reading our newsletter and it's a great way to promote your event to the community.

## Regular Events:

Black Dragon Hapkido: Cannich Hall 6:30pm – 8pm every Wednesday

Junior Youth Club: Cannich Hall 6:30pm – 8:00 every Friday\*\*

Senior Youth Club: Cannich Hall 8:00pm – 9:30pm every Friday\*\*

**GP Surgery: Cannich Hall 11:00am – 1:00pm every Thursday**

**GP Surgery: Cannich Hall 9:30am – 11:30am every Tuesday**

Indoor Bowling: Cannich Hall 1:30pm – 4:30pm every Monday

\* All Shinty fixtures/throw ups are subject to change due to

## Strathglass Shinty Club

### 100 Club Winners

1. Hamish Fraser - £70
2. John Stirling - £25
3. Douglas Grant - £10

Wanting to join the fun? Get in touch with the Shinty Club and for just £24 per year you could be one of the lucky winners of this monthly draw.

Thanks to Archie Reynard who drew this months prize winners



## Get your copy direct

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# Whisky of the Month

For something new I thought we would look each month at one of the many whiskies that are sold in the shop and to start us off I thought there could be no better start than one of my favourite drams, the Royal Lochnagar.

This expression was a favourite of Queen Victoria and Prince Albert, being conveniently situated close by Balmoral Castle. Royal Lochnagar was originally a key ingredient in VAT 69, but most production is now for their single malts.

Royal Lochnagar 12 year old is a fragrant Highland Single Malt Scotch Whisky with a delightful balance of fruit and spices and sells for just £43.95



## Tasting Notes:

**Nose:** A relatively closed nose. Planed wood, light toffee, boat varnish. Linseed oil behind, even putty, and later a lychee-like acidity. With water the acidity comes up (acid drops), and the nose sweetens. Still a pleasant fresh woodiness or leatheriness, the varnish now supported by artists turpentine. Warm sand. After a while, coffee dregs with brown sugar. Not an obvious nose, however.

**Palate:** Pleasant; an initial sweetness is quickly overtaken by acidity.

**Finish:** Dry; medium-length, with an attractive lingering sandalwood aftertaste.

**Body:** Medium bodied, even reticent.

**Thank you!**

**Highland Hospice**

We are pleased to let you know that the bee in  
CANNICH STORES  
 raised £ 11.59

Your running total to-date is   
 £ 352.51

Ness House, 1 Bishops Road, Inverness IV3 5SB  
 www.highlandhospice.org  
 Highland Hospice is a registered Scottish Charity no. SC011227

**The Craic**

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